

BISHOP CHATARD

BASKETBALL

SUMMER 2018 TRAINING

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Event</u>	<u>Location</u>
Tu	5/29	6:30-8:30a	Training +TB	BCHS gym/classroom
Th	5/31	6:30-8:30a	Training +TB	BCHS gym/classroom
F	6/1	3:00p departure	Team Camp	Bethel College
S	6/2	8:30p return	Team Camp	Bethel College
M	6/4	6:30-8:30a	Training +TB	BCHS gym/classroom
Tu	6/5	(See league app)	Summer League	Grand Park/Pacers FH
W	6/6	7-8a + breakfast?	Mental Toughness	BCHS/Breakfast Venue
Th	6/7	6:30-8:30a	Training +TB	BCHS gym/classroom
M	6/11	6:30-8:30a	Training +TB	BCHS gym/classroom
Tu	6/12	(See league app)	Summer League	Grand Park/Pacers FH
W	6/13	7-8a + breakfast?	Mental Toughness	BCHS/Breakfast Venue
Th	6/14	6:30-8:30a	Training +TB	BCHS gym/classroom
M	6/18	6:30-8:30a	Training +TB	BCHS gym/classroom
Tu	6/19	(See league app)	Summer League	Grand Park/Pacers FH
W	6/20	7-8a + breakfast?	Mental Toughness	BCHS/Breakfast Venue
Th	6/21	6:30-8:30a	Training +TB	BCHS gym/classroom
M	6/25	6:30-8:30a	Training +TB	BCHS gym/classroom
Tu	6/26	(See league app)	Summer League	Grand Park/Pacers FH
W	6/27	7-8a + breakfast?	Mental Toughness	BCHS/Breakfast Venue
Th	6/28	6:30-8:30a	Training +TB	BCHS gym/classroom

Both moratoriums fall predominantly in July, giving us just two weeks of activity in July. As many of our kids will have busy July's with AAU, baseball, or other travel, this is okay. Still, we will try to utilize the middle of the weeks together, so as to reduce interference with these other activities and/or family travel. Dates we will be together in July are:

8:00a-10:00am	Training + Team-Building	BCHS gym/classroom
Tu, 7/10	W, 7/11	Th, 7/12 (Optional tune-up for tournaments)
Tu, 7/17	W, 7/18	Th, 7/19 (Optional tune-up for tournaments)

Dear Trojan Basketball Family,

Happy Spring! I hope you and your family are enjoying some time together and are taking in the (hopefully steady) warmer weather. As we gear up for our best possible season ahead, I wanted to share with you the dates AND logic behind our summer basketball schedule at Bishop Chatard.

This past season, the boys, our staff, and I set out to revise and improve our program's culture, leadership, and mission. One of the visions I was most proud of them for communicating (and subsequently committing to throughout 2017-18) was their desire for our program to be more of a "brotherhood", or family. When I look at our returning players and their families, I get excited about the buy-in and energy that you have helped to infuse into our program over the last 12 months.

In keeping with that, I want this summer to set a "family first" precedent for our program throughout the year. And really, I believe that needs to happen on two levels. The first level of family is each of our immediate families. It is a personal goal of mine this year to make sure my girls know for certain that they come first, and always will. Therefore I expect that any mother or father, any parent within our program, would and should be able to do the same. So, if and when you determine that the needs/well-being of *your family* must come first throughout this summer, I will be respectful and understanding of that. Making this a priority demands a certain amount of flexibility on both ends, to be certain. Thanks to the increased commitment our team demonstrated this past year, I feel more at ease and confident that this is the healthiest path.

The second level of family I have in mind is, of course, our Trojan basketball family. Here also, the needs and well-being of *this* family must be a priority for all of us! If it appears upon first glance that we meet pretty often in June, I have set it up this way for a few reasons:

- "The family that plays together, stays together" - Team-building continues to be at a premium for us, as do some other areas we will train in, including mental toughness, competitiveness, and accountability. This will give us adequate time to embrace and grow through the process together.
- The early morning slots allow us to be together often, but then also be able to move on to the other opportunities, adventures, and demands of the day. The time slots also reduce conflicts and interference with other demands, such as summer school, drivers ed, other sports, and our student-athletes who have summer jobs. I know the boys wear many hats, and they also need some time to just enjoy the summer! When we make the sacrifice to wake up early, hopefully everyone recognizes the "openness" of the rest of the day for whatever beckons.
- The boys really seem to enjoy each other, and they *want* to be together, and this is exactly the kind of team *I want* to coach! Thank you in advance for your continued support of becoming the strongest, most tight-knit brotherhood we can be!

On another note, in the interest of creating a family atmosphere throughout the program, some of the boys came to me with what I believe is an awesome idea! They suggested that we choose one day a week (we have 6 weeks together this summer, not including team camp week or moratoriums) to have team dinners. The boys proposed we could rotate to a different home each time, to mix it up and not put too much on any one family's plate. If you would have an interest in hosting one of these team dinners, please let me know!

To wrap-up, please allow me to share/clarify a couple of other quick but important items:

- Our grade school camp is June 25-28, from 12:30-3:30pm. This is a GREAT opportunity for us to be ambassadors of our program and BCHS as a whole, so we thrive on having the boys help out.
- I will follow up with specifics on our Team Camp at Bethel College to kick-off our summer!
- We will communicate with the boys regarding JV & Varsity rosters for the Summer League at Grand Park/Pacers Fieldhouse on Tuesday nights. Each team will play two games per night. There is a league app that will post game times/opponents/court location each week.

A huge thanks to all of you for everything you contribute to our program. Here's to a relentless, positive & growth-oriented year!

Sincerely,

Coach Shaughnessy