

# Bishop Chatard Athletics

## *Emergency Medical Action Plan*

**Step #1** – Determine presence or severity of a medical emergency

- If the medical emergency is minor, then see athletic trainer or team physician
- If the medical emergency is serious or unsure, then activate the following plan...

**Step #2** – Activate EMS!!

- \* **If this is NOT a cardiac emergency**, the head coach, athletic trainer or athletic director will stay with the athlete and delegate the following:

The head coach or designated assistant coach will call 911. When talking to 911, know or have the following information:

### **AED Locations**

1. Outside athletic office between gyms
2. Outside of weight room/fitness center on lower level of the athletic wing (Winter)
3. Inside of the outdoor Concessions Building (Fall & Spring)
4. Outside of school office

➤ your name & where you are located:

Bishop Chatard HS – 5885 Crittenden Avenue, Indy

Cross Country – Graham Martin Park, 699 West 16<sup>th</sup> Street, Indy

Swimming practice site – North Central HS Natatorium, 1801 East 86<sup>th</sup> Street, Indy

Tennis – Broad Ripple Park Tennis Courts, 64<sup>th</sup> & Evanston Road, Indy

➤ a brief description of what happened

➤ how many are involved

➤ level of consciousness, bleeding, type of injury

➤ what help is being provided (first aid, AED, splints, etc.)

❖ **DO NOT hang up until the dispatcher says it is okay & hangs up first!!**

- \* **If this IS a CARDIAC emergency**, the head coach or athletic director should get a BCCHS Automatic External Defibrillator (AED) from either outside the athletic office or weight room or outdoor Concessions Building or sideline at a Varsity Football game; and utilize as needed

- \* **If this IS a severe allergic reaction emergency**, a) notify the Athletic Trainer promptly;  
b) if in question, call 911; c) If the Athletic Trainer is unavailable then get an Epi Pen from either the outdoor Concessions Building AED case or the Athletic Trainer's kit (black bag);  
d) pull the protective cover off the Epi Pen & administer in the patient's side of their thigh

2. An assistant coach calls the parents
3. Another assistant coach keeps lookout for the ambulance/emergency personnel & assists them gaining access to the venue
4. A coach or parent goes with the student-athlete to the hospital
5. Head Coach & athletic trainer make sure the BC Accident/Injury Form is updated, accurate and submitted to the Athletic Department

**Step #3-** Head Coach follows up with family to check on progress of student-athlete

### **Emergency Contact Cell Phone Numbers:**

Andrew Catlin, Athletic Trainer – 607- 972-7011

Kyle Reh, Athletic Director – 502-523-2818

Mike Ford Athletic Director Emeritus – 317-730-2910

Mike Harmon, BC Assistant Director of Athletics – 317-509-7112

Anne Harless, BC Athletics Administrative Assistant – 317-513-5172