



# Physicals and Required BC Athletic Participation Forms

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All student-athletes **must** have a completed IHSAA Pre-Participation Physical Evaluation form on file in the athletic office **before they may begin official practices** for their sport(s). New forms must be completed for **each school year.** To be valid, the physical exam must take place **after April 1<sup>st</sup>** prior to the beginning of the new school year.

Physical exams are offered at Bishop Chatard one time per year, generally in late May or early June at a nominal fee. Athletes are encouraged to take advantage of this opportunity. The exams are thorough, economical and timely.

Student-athletes may choose to have exams performed by their own family doctor. The same guidelines exist; that is, the form must be in the A.D.'s office before they may begin official practices, and the exam must take place after April 1<sup>st</sup> prior to the beginning of the new school year.

Prior to a student-athlete's participation in any athletic conditioning or practice starting in the Summer, he/she **MUST** have the following forms on file in the BC Athletic Office:

- 1.) IHSAA Pre-Participation Physical Evaluation
- 2.) BCHS Eligibility Form (electronic submission or hard copy) – This includes Code of Conduct Acknowledgement, Travel Authorization; Concussion Acknowledgement and St Vincent Consent for Athletic Services

Upon confirmation of these documents being on file with the Athletic Office, the student-athlete may pick up a "BC Athletics - TICKET TO PLAY CARD" in the BCHS Athletic Office. The student-athlete must then turn in the card to the desired sport's head coach in order to begin any team involvement [conditioning, practicing, etc.]. Please note: THIS CARD MUST BE TURNED IN TO THE COACH PRIOR TO PARTICIPATION IN CONDITIONING, TRYOUTS OR PRACTICES. The 5 forms must be turned in **to the Athletic Office** -- coaches will not accept forms as clearance to participate.