



Pre-Season Parent Meeting

It is required that each head coach hold a pre-season parent meeting. A letter of invitation should go out to all of the parents as early as possible, announcing the date, time and place. All coaches on the team's staff should be in attendance.

The Athletic Director and Athletic Trainer should be made aware of this information. Either one or both of these individuals may want to address the parents.

The following is a list (not exclusive) of topics to be addressed at the parent meeting:

- Introduction of coaching staff
- Philosophy and goals
- Expectations of athletes and parents
- Playing time
- Health and nutrition
- Role of athletic trainer
- Athletic Code of Conduct
- Additional team-specific rules
- Grades and eligibility
- Sportsmanship
- Lettering criteria

Suggested handouts as available:

- Game schedules
- Practice schedules
- Student-Athlete handbook
- Directions to games